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DID YOU KNOW?

Food Pantries love working with Portland Food Project because the food we collect provides them with more protein and a wider variety of foods to help people make meals. Keep up the good work donors!

HOLD A FOODRAISER

Make Your Holiday Event a PFP Benefit!



The holiday season is upon us. It's a busy time of year, but it's also the season for giving. If you are looking for more giving opportunities this year, consider making your holiday event a fundraiser. Just ask people attending the event to bring non-perishable food to donate to Portland Food Project. We can set you up with extra green bags for the event and flyers about PFP. Let us know when the event is over and we will pick up the donations. And ... if you send us pictures from the event we will post them on social media!

Here are examples of some of the types of events that our donors have turned into fundraisers:

- A family gathering
- A company party
- A neighborhood party
- A woman's association December meeting
- A school classroom project
- A musical event

The options are limitless. One creative PFP supporter is even offering discounted haircuts to her clients when they bring in canned good to donate!

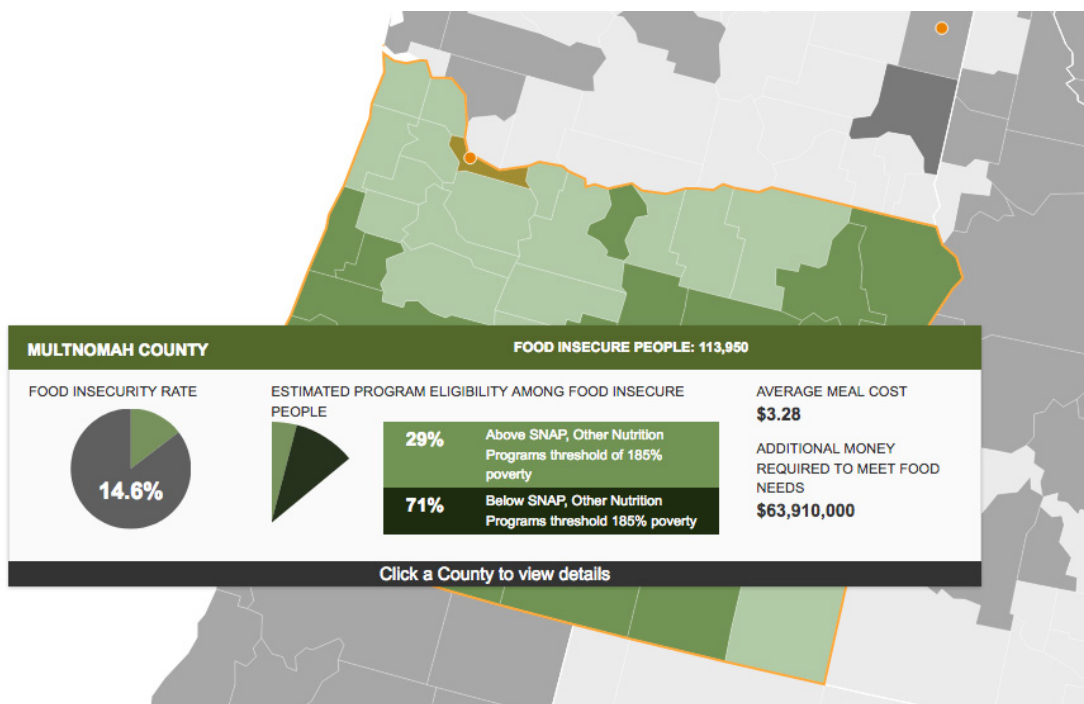
Contact us at info@portlandfoodproject.org or 503.775.2110 to tell us about your event and let us know what you think you will need to get your fundraiser

FOOD INSECURITY IN OREGON

Did you know that the rate of food insecurity in Oregon is 12.9%?

The U.S. Department of Agriculture (USDA) defines food insecurity as a lack of consistent access to enough food for an active, healthy life. Many of our neighbors simply can't afford to buy enough food for their families — even when they're working. They are often forced to choose between paying for rent, heat, medical bills, and transportation or buying food.

The good news is we are making some progress. That [rate has gone down](#) in Oregon—from a high of 14.6% in 2014. Your PFP donations make a difference in helping to keep pantry shelves stocked for our neighbors who are struggling with food insufficiency.



Learn more about food insecurity in Oregon by visiting [Map The Meal Gap](#) at Feed America. Their interactive map allows you to explore food statistics by county in Oregon and compare them with other places in U.S.

Portland Food Project would like to extend a very big **THANK YOU** to the businesses that sponsored this year's Saturday food pick-ups. Their sponsorship allows us to print reminder cards and cover other expenses. For information about how you can get your business involved as a sponsor next year, contact us at info@portlandfoodproject.com.



Thank you!

Fred Meyer **usbank**



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Wishing you and yours a warm, happy,
and food secure 2019!

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